FIVE VERSES ON THE SELF

- 1. When forgetting the Self, one thinks that the body is oneself and goes through innumerable births but in the end remembers and becomes the Self. Know this is only like waking from a dream in which one has wandered about the entire world.
- One is always the Self.
 To ask oneself, 'Who am I?' or 'Where am I?' is no different from a drunken man asking, 'Who am I?' or 'Where am I?'
- 3. The body is within the Self.
 Yet one imagines one is inside the inert body,
 like the viewer who imagines that the screen
 on which the picture is shown is within the picture.
- 4. Does a gold ornament exist apart from the gold? Can the body exist apart from the Self? The ignorant one thinks, 'I am the body'; the enlightened one knows, 'I am the Self'.

Ekanma Panchakam*

- Tannai marandu tanuvē tānā-enni Ennil piravi edut-tirudi – tannai Unarndu tānā-dal ulagasañ charak Kanavin vizhit-talē kānga – anavara-dam
- Tānirun-dun tānā-gat tannaittā nānevan Yān-irukkum stānam edu-venakkēţ – pānukku Yānevan evviḍam yānuļan enḍṛa-madu Pāna-nai yīḍu pagar-satcid – ānandat
- 3. Tannul tanu-virukkat tānach jaḍa-vuḍalan Tannul irup-padāt tānunnum anna-van Chitti-rattin ullulada chitti-rattuk kādāra Vastira menḍṛeṇ-ṇuvān pōlvān vastu-vām
- Ponnukku vēṛagap bhūsha-ṇam uḷḷadō
 Tannai viḍut tanu-vēdu tannai
 Tanu-venbān ajñāni tānā-gak koļvān
 Tanai-yaṛinda jñāni darippāi tana-doḷiyāl

^{*} In kalivenba.

5. The Self alone, the sole reality, exists for ever. If, of yore, the first of teachers¹ revealed it through unbroken silence, who can reveal it in spoken words?

Guru Ramana, who revels in the form of (pure) jnana, composed these five verses on the Self. Declared in them is the nature of Reality, which destroys the illusion that the body is the Self.²

¹ Lord Siva took form as Dakshinamurti and taught Brahma's four sons, the sages Sanaka, Sanandana, Sanatsujata and Sanatkumara, through silence.

² Concluding verse by Muruganar.

 Eppō-dum uḷḷadav ēkānma vasttuvē Appō-dav vasttuvai yādi-Guru – ceppādu Ceppit teri-yumā ceidanarē levar Ceppit teri-vippar ceppu-gena – ippōdav

Ekanma vuņmai yinait-tenat tēṭṛiyan-bar Dēhānma bāvañ cidai-vittān — ēkānma Jñāna sorūpa-mā naṇṇuṅ Guru-Ramaṇan Tān-navindra ippāvirtan.