

# FIVE STANZAS ON SRI ARUNACHALA

1. Ocean of nectar, full of grace,  
engulfing the universe in Thy Splendour!  
O Arunachala, the Supreme Itself! Be Thou the Sun  
and open the lotus of my heart in bliss!
2. O Arunachala, in Thee the picture of the universe is formed,  
has its stay, and is dissolved; this is the sublime Truth.  
Thou art the Inner Self, who dancest in the Heart as 'I.'  
'Heart' is Thy name, O Lord!
3. He who turns inward with untroubled mind  
to search (for the place) where the consciousness of 'I' arises,  
realizes the Self, and dissolves in Thee, O Arunachala!  
like a river when it joins the ocean.
4. Abandoning the outer world,  
with mind and breath controlled,  
to meditate on Thee within, the yogi sees Thy light,  
O Arunachala, and finds his delight in Thee.

# SRI ARUNACHALA PANCH RATNAM\*

1. Aruḷ-niṟai vāna amudak kaḍalē  
Viri-kadi-rāl yāvum vizhuṅ-gum – Aruṇa  
Giri-paramān māvē kiḷar-uḷappū nanḍṟāi  
Viri-paridi yāga viḷaṅgu.
2. Chittira-mām ihdellām chem-malaiyē nin-pālē  
Uttida-māi ninḍrē oḍuṅgi-ḍumāl – nittiya-mum  
Nānen ḍṟida-yam naḍit-tiḍuvai yālunpēr  
Tāni-dayam enḍṟi-duvar tām.
3. Aha-mukamā ranḍa amala-madi tannāl  
Ahamidu-tān eṅgezhu-men ḍṟāindē – ahavu-ruvai  
Nanga-rindu munnīr nadi-pōlum ōyumē  
Unkaṇ-Aruṇā chalanē yōr.
4. Veḷi-viḍayam viṭṭu viḷan-gum Aruṇēsā  
Vaḷi-yaḍakka niṟku manat-tāl – uḷama-danil  
Unnai dhiyā-nittu yōgi oḷi-kāṇum  
Unnil uyar-vuṟumī dun.

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\* *Venba* metre.

5. He who dedicates his mind to Thee, and seeing Thee, always beholds the universe as Thy figure, he who at all times glorifies Thee and loves Thee as none other than the Self, he is the master without rival, being one with Thee, O Arunachala! and lost in Thy bliss.

Arunagiri Ramana for the benefit of this world joyously bestowed, in sweet Tamil *venbas*, the *Arunachala Pancharatna*, the quintessential wisdom of Vedanta, which was revealed initially by him in Sanskrit.<sup>1</sup>

In the recesses of the lotus-shaped Hearts of all, beginning with Vishnu, there shines as pure intellect (Absolute Consciousness) the Paramatman, who is the same as Arunachala Ramana. When the mind melts with love of Him, and reaches the inmost recess of the Heart wherein He dwells as the beloved, the subtle eye of pure intellect opens and He reveals Himself as Pure Consciousness.

May powerful Arunachala's name, which liberally bestows grace,  
live forever!

May the *Five Hymns* bearing his name live forever!

May the feet of exalted Ramana, from whose tongue the *Five Hymns*  
flowered forth, live forever!

May the virtuous devotees who abide firmly in those feet live  
forever!

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Long live Ramana, the Great Master!

Long live Aruna, the Great Hill!

Long live the Master's words and songs!

Long live His earnest devotees!

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<sup>1</sup> Of these three final verses the first was written in Sanskrit by Daivarata and translated into Tamil by Bhagavan. The second verse was written by Bhagavan in response to a devotee's question concerning the meaning of 'Ramana'. The last verse was composed by Muruganar.

5. Unni-ḍattil oppuvitta uḷlattāl eppozhu-dum  
 Unnaik-kaṇ dellā-mum unnuru-vāi – anni-yamil  
 Anbu-seyum annōn Aruṇā-chalā velgum  
 Inbu-ruvām unnil āzhndē.

Aruṇa giri-Ramaṇan āriyat-til kaṇḍa  
 Aru-maṇai-yan dakkaruttē yāgum – Aruṇā  
 Chalapañ chaka-maṇi-yait taṇ-ṭamizh-veṇ bāvāl  
 Ulaguk kaḷit-tān uvandu.

Ariyādi yidara jīvara daha-vārija guhai-yil  
 Arivāi-rami paramāt-tuman Aruṇāchala Ramaṇan  
 Parivā-luḷa muru-gānala paranārṇ-diḍu guhai yārṇdu  
 Aṇivam-vizhi tiravā-nijam aṇivā-yadu veḷiyām.\*

Vāzhga vān Aruṇāchala vaṇ-peyar  
 Vāzhga appeyar vāi-stuti pañchakam  
 Vāzhga vāi-malar mā-Ramaṇan padam  
 Vāzhga appada mannu-nal anbarē.

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Vāzhi vāzhi Ramaṇa mahā guru  
 Vāzhi vāzhi Aruṇa mahā giri  
 Vāzhi vēnkatan vāy solum pādalagaḷ  
 Vāzhi uzhidōr anbargaḷ vāzhiye.\*\*

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\* This verse in *viruttam* metre.

\*\*This verse replaces the previous one during parayana Tuesday through Friday.